



Enjoy, Learn, Aspire

PSHE Meopham Community Academy Curriculum Overview



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Term Year group	1	2	3	4	5	6
1	How can we look after each other and the world?	Who is special to us?	What is the same and different about us?	Who helps to keep us safe?	What helps us to stay healthy?	What can we do with money?
2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
3	How can we be a good friend?	What makes a community?	Why should we eat well and look after our teeth?	What are families like?	Why should we keep active and sleep well?	What keeps us safe?
4	What strengths, skills and interests do we have?	How can we manage our feelings?	How do we treat each other with respect?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?	What makes up a person's identity?
5	How can friends communicate safely?	How will we grow and change?	How can we help in an accident or emergency?	What decisions can people make with money?	How can drugs common to everyday life affect health?	What jobs would we like?
6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

