



MEOPHAM COMMUNITY ACADEMY ALLERGY SAFETY ARRANGEMENTS

Headteacher: MR THOMAS WATERMAN

Named Allergy Safety Lead (Senior Leader): MR DANIEL TAYLOR

Date Approved: SEPTEMBER 2026

Review Date: SEPTEMBER 2027

1. Purpose

This appendix should be read alongside the Trust Allergy Safety Policy, which is available upon request. Please email hello@golden-thread.org if you would like a copy.

At Meopham Community Academy, we recognise that primary aged children may not always be able to identify allergens, read food labels or recognise symptoms of an allergic reaction. We therefore adopt a proactive approach to allergy management and provide appropriate supervision, support and reasonable adjustments to enable pupils with allergies to participate safely in all aspects of school life.

2. Allergy Safety Leadership

The designated senior leader responsible for allergy safety is:

Name: MR DANIEL TAYLOR

Responsibilities include:

- Leading implementation of allergy safety procedures.
- Monitoring allergy incidents and near misses.
- Ensuring colleague training is completed.
- Reviewing allergy records and healthcare plans.
- Liaising with parents, healthcare professionals and catering providers.
- Reporting significant concerns to the Headteacher and Local Governing Committee.

3. Identifying Pupils with Allergies

The school identifies pupils with allergies through:

- Admission forms
- Annual data collection
- Medical declaration forms
- Parent/carers updates
- Healthcare professional advice
- Information from previous schools

Recording Allergies

All allergy information is recorded on:

- Arbor
- Medical Tracker
- Individual Healthcare Plans (where required)
- Allergy Action Plans (where provided)
- Catering systems

School-Specific Identification Arrangements

- Allergy information available to classroom staff.
- Allergy information provided to catering staff.
- Allergy photographs available in kitchen area.
- Options made available in line with recorded allergies.

4. Individual Healthcare Plans

An Individual Healthcare Plan (IHP) will be in place where a pupil's allergy requires arrangements that are additional to or different from those generally provided within school.

The IHP will include:

- Known allergens.
- Signs and symptoms.
- Required medication.
- Storage location of medication.
- Emergency procedures.
- Educational visit arrangements.
- Contact details.

Plan Reviews

Healthcare Plans will be reviewed:

- Annually
- Following any allergic reaction
- Following updated medical advice
- Following changes to medication

5. Colleague Training

All colleagues receive annual allergy awareness and emergency response training.

Training includes:

- Understanding allergies and anaphylaxis.



- Recognising symptoms.
- Emergency procedures.
- Use of adrenaline auto-injectors.
- Accessing Allergy Action Plans.
- Preventing exposure to allergens.
- Incident reporting.

New Colleagues and Supply Staff

New colleagues will receive allergy awareness information as part of their induction. Supply staff and volunteers will be informed of relevant allergy procedures before working with pupils.

6. Supporting Pupil Wellbeing

The school recognises that allergies can cause anxiety for pupils and families.

We will:

- Promote inclusion and participation.
- Encourage age-appropriate understanding of allergies.
- Work closely with parents and carers.
- Provide support following allergy incidents.
- Ensure pupils are not excluded from activities unnecessarily.

Allergy-Related Bullying

Allergy-related teasing, intimidation, food tampering or bullying will be treated as a serious safeguarding and behavioural concern and will be managed in accordance with the Trust's Behaviour Policies.

7. Classroom Management

Teachers and support colleagues will consider allergy risks when planning:

- Cooking activities.
- Food tasting activities.
- Science lessons.
- Art and craft activities.
- Sensory play.
- Gardening activities.
- Animal encounters.

Alternative resources or activities will be provided where necessary to ensure pupils can participate safely.

Food should not be used for teaching activities without consideration of known allergies.

8. Lunchtime Arrangements

The school takes reasonable steps to reduce the risk of allergen exposure during meal times.

School Arrangements

- Catering allergy alerts
- Pupil photographs available to catering colleagues
- Individual meal identification system
- Colleague supervision during dining

Expectations

- No food sharing.
- Tables cleaned regularly.
- Hand washing encouraged before and after eating.
- Allergy concerns reported immediately to a first aider.
- Catering colleagues made aware of relevant dietary requirements.

9. Whole School Allergen Controls

The following restrictions apply at this school:

- Nut-Aware school

Where restrictions are implemented, these will be clearly communicated to pupils, parents, visitors and colleagues.

The school cannot guarantee a completely allergen-free environment but will take reasonable steps to minimise risks.

10. Playtimes and Outdoor Areas

The school will ensure pupils prescribed emergency medication continue to have rapid access to it during:

- Morning break.
- Lunch times.
- Outdoor learning.
- PE lessons.
- Sports activities.

Relevant colleagues will know:

- Which pupils have severe allergies.



- How to access medication.
- How to summon emergency assistance.

11. Medication and Auto-Injectors

The school will ensure that pupils prescribed adrenaline auto-injectors have access to them at all times.

Prescribed Medication Location

With pupil in a box with their name and photo on it, kept in their class and brought to the first aid room at break times.

Spare Adrenaline Auto-Injector Location

School office (x2) Pupil Support- first aid (x2) School Hall (x2) Mini Meophams Nursery (x2)
(From Oct 2026)

Emergency Grab Bag Location

SBM office

Allergy Action Plan Location

Sharepoint

Medication Monitoring

The following colleague is responsible for checking medication:

Name: MARY ELLEN BONNER

Checks will be completed:

- Other: Medications recorded on medical tracker when they are received, and expiry dates included. An alert will be sent.

Parents remain responsible for supplying medication that is in date.

12. Educational Visits

The school is committed to ensuring pupils with allergies can safely participate in all educational visits.

Prior to visits:

- Risk assessments will be completed.
- Healthcare Plans reviewed.
- Medication checked and taken.
- Appropriate colleagues briefed.
- Food arrangements reviewed.
- Venues informed where appropriate.

Pupils prescribed adrenaline auto-injectors will either carry them or have them carried by a designated colleague.

13. Visitors, Volunteers and Contractors

The school will:

- Inform volunteers of relevant allergy procedures where appropriate.
- Ensure visitors involved in pupil activities understand emergency arrangements.
- Communicate allergen restrictions for school events.
- Consider allergy risks when arranging activities involving external providers.

14. Emergency Response

In the event of an allergic reaction:

1. Send for a first aider immediately.
2. Follow the Allergy Action Plan.
3. Administer prescribed medication without delay if required.
4. If anaphylaxis is suspected, administer adrenaline immediately.
5. Call 999.
6. Inform parents or carers.
7. Continue monitoring until emergency services arrive.
8. Record the incident on Medical Tracker.

Emergency Equipment Locations

Equipment	Location
First Aid Room	Pupil Support
Defibrillator	Outside SBM office/ Nursery
Spare Adrenaline Auto-Injectors	School Office, First Aid, School Hall and Mini Meopham's
Emergency Grab Bag	SBM office

15. Recording Incidents and Near Misses

All allergy incidents and near misses must be reported.

The school will:

- Record incidents on Medical Tracker.
- Inform parents or carers.
- Review causes and contributing factors.
- Update risk assessments where necessary.
- Review procedures following serious incidents.

Significant incidents and trends will be reported through the school's governance arrangements.

16. Information Sharing

The school will share allergy information with colleagues who need the information to keep pupils safe.

This may include:

- Teachers.
- Teaching Assistants.
- Midday Supervisors.
- First Aiders.
- Educational Visit Leaders.
- Catering Teams.

Health information will be handled in accordance with UK GDPR requirements and school data protection procedures.

17. Raising Awareness

The school promotes allergy awareness through:

- Colleague training.
- Parent communications.
- School website information.
- Pupil education, where appropriate.
- Awareness campaigns and health education activities.

This appendix will be available on the school website and the Trust Allergy Safety Policy available upon request.

18. Annual Review

This appendix will be reviewed:

- Annually.
- Following a significant allergy incident.
- Following changes in legislation.
- Following changes to school arrangements.
- Following recommendations arising from audits or investigations.

School-Specific Information Summary

Item	Details
Allergy Safety Lead	Mr Daniel Taylor
First Aid Lead	Mary Ellen Bonner
Catering Lead	Erica Cremona
Location of Pupil Auto-Injectors	In class, boxes with photos brought to first aid at breaks, and brought on trips
Location of Spare Auto-Injectors	School Office, First Aid, School Hall and Mini Meopham's
Restricted Foods	Nuts
Additional Controls	
Date of Review	September 2026